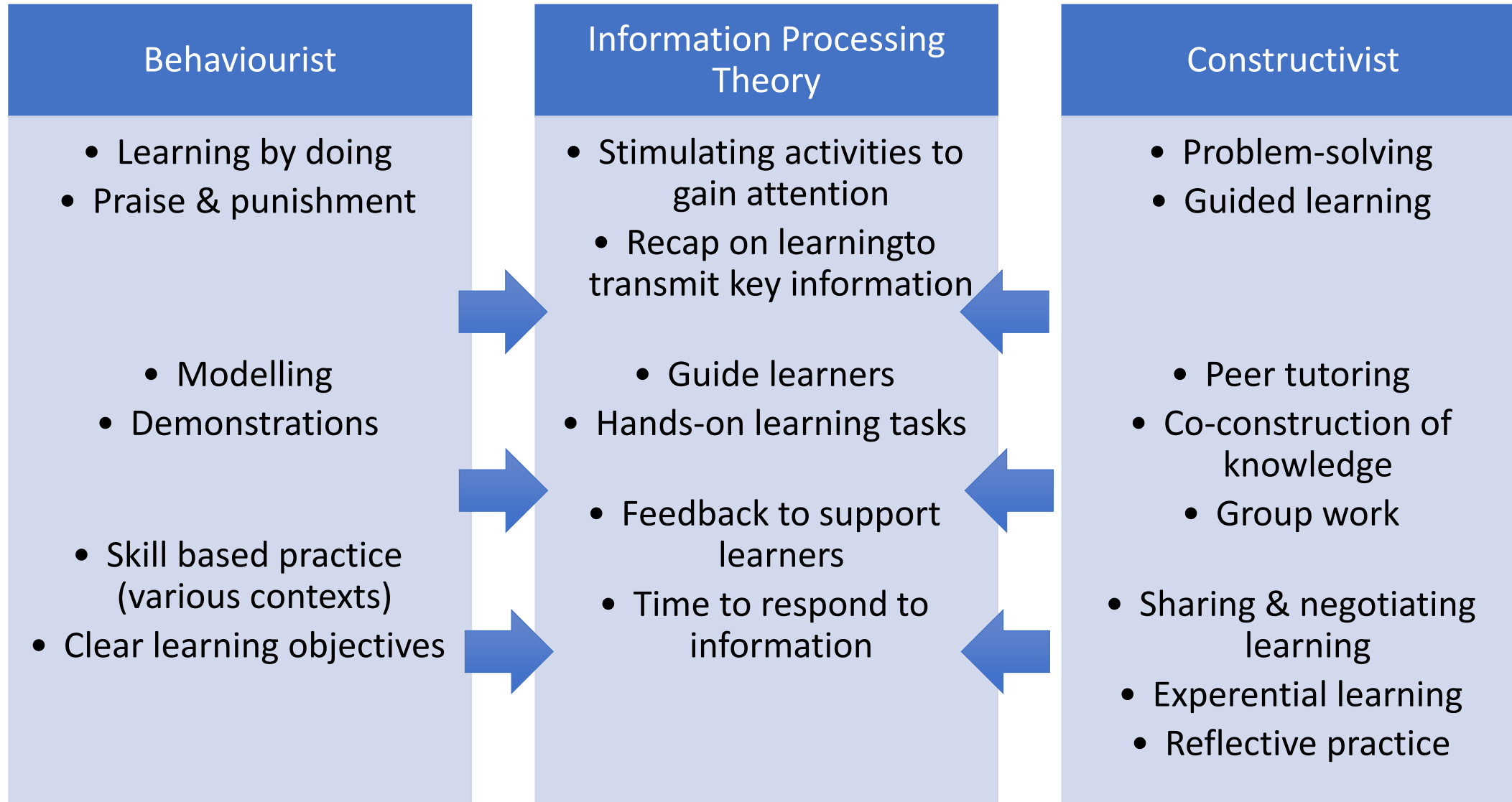




# Delivery approaches

To support learning in Sport Structures tutor, assessor and verifier training



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## Information processing

- The processing of information
- Initiated by a stimuli
- Processed through attention & perception
- Developed through sensory, short-term & long-term memory ca

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## Behaviourist

- Presentation of positive and negative reinforcement (stimuli)
- Schedules of reinforcement (pre, concurrent, post)
- Seeks to shape behaviour (player behaviour)
- Predictable
- High volume of instruction, praise, and reward
- Coach centred

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## Constructivist

- Reflective participation leads to the development of knowledge and understanding
- Interactions with others
- Interpretative process – multiple realities
- Avoids traditional modes of instruction, prefers team-based discussions through questioning
- Promotes autonomy, does not need to control
- Player first