



1st4Sport Level 1 Award For Activators (Multi-skills)

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What is it?

This is a level 1 award for activators in multi-skills whereby successful achievement of the qualification will enable activators in multi skills to facilitate extra-curricular activities within educational settings including schools, further and higher education and community participation programmes.

Who is it for?

This qualification is designed to provide benefit to learners on the basis that it prepares them for deployment as an activator in multi skills. The qualification is designed to support community development, with the aspiration to be able to tackle physical inactivity and social exclusion whilst supporting health, wellbeing and participation initiatives.

Who supports the qualification?

The qualification and this particular endorsed pathway is supported by UK Coaching as the UK's technical agency for delivering sport and physical activity. It is further supported by representatives from the *Core Cities, Local Authorities, BUCS* and *Sport Structures*; supporting the Sport England Participation Agenda.



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Qualification Structure

Learners must successfully achieve the following mandatory units to be awarded the qualification:

Unit title	Guided Learning Hours
Activator role	3
Activate through multi-skills	3

What is the format of the course?

This qualification is derived of one mandatory component and the endorsed pathway optional component. To achieve the qualification within the endorsed pathway of multi skills learners must successfully achieve both components. The qualification is designed to support RPL. Learners who have achieved this qualification in the context of another endorsed pathway within the past three years are eligible to complete the optional component in multi-skills only.

Learner eligibility: Prior to registration learners are required to:

- Be appropriately identified
- Be at least 14 years of age
- Be able to communicate effectively in English (this includes listening, speaking reading and writing).

What future education could this qualification lead to?

The qualification will enable successful learners to progress to a sports-specific coaching qualification. The skills and knowledge developed may also be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, higher education institution activity programmes, supporting PE in school sport and sports development.

What future employment could this qualification lead to?

This qualification may lead to paid employment or unpaid voluntary roles as an activator in physical activity. Other roles that the learner may consider exploring include Activity Leader, Official, and Volunteer.

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What is the registration period?

Learners have a 1 year registration period to complete this qualification.

Assessment

Achievement of the qualification is normally through attendance on a six hour course of face to face training and assessment. The assessment specification requires learners to complete a standardised learner portfolio, designed by 1st4sport. This contains a series of assessed tasks to provide evidence of being assessed against the learning outcomes and requires learners to:

- complete short answer questions and written tasks
- identify multi skill activities; adapting for different audiences

What is the value of completing this qualification?

This qualification is ideal for learners who are seeking an entry point to activity leadership, officiating and coaching. This learning could be used as recognition of prior learning to avoid duplicating content covered for future level 2 courses.



www.sportstructures.com



education@sportstructures.com



0121 455 8270



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